

Reports on the Effects Long-Term Participation In The Monroe Institute Programs

Participant P

How does the Spirit move across the Face of the Earth?

The Story of Participant P

A rambunctious child, he could not sit still very long and remain focused. It created lots of challenges for him. "I did a lot to piss people off." His parents finally had a psychologist conduct an assessment whose conclusion was remarkably consistent with what everyone already knew. "Get this boy into the woods," is what the psychologist told his parents. "He has a real aptitude for some outdoor career and is not suited for office work." While there were many different paths towards this goal, circumstances weighed in and he eventually found himself in the military. "I thrived in the bush. My intuition kicked in and I could tell if and where there was a breakdown in the communication line around our camp perimeter. I would have an impression coming out of a field of consciousness that guided me, if I chose to."

While yet a teenager he had seen a book his father was reading called *Journeys Out of the Body*. He tried to read it himself, but "it scared me so much I couldn't finish it." Many years later he was in an old bookstore when he found another of Bob's books, *Far Journeys*. This made a different impression on him and his interest peaked. By the time he came to the Gateway program, he was tired and very sick though he didn't know it. Plus, "I was getting desperate. I was not getting anywhere in my own agenda of answering questions [. . .] I was not doing the important stuff yet." Six months later he was diagnosed with leukemia.

He spent the time preparing for leukemia treatment using hemi-sync and as much time as possible while in the hospital. "I was conscious, but I was gone." When they let his wife sleep in his hospital room, he knew he was doing poorly in his treatment. "I knew that it meant I was in bad shape." One evening while he was sleeping, his wife noticed a blue beam of light of laser intensity enter the room from the wall. It moved to align itself with him as if it was being guided and entered from the soles of feet and exited through the top of his head. The next day he began to improve until he was in remission. In the succeeding years, he has had no relapse.

When asked what happened to his agenda of "answering questions," he shared a few thoughts. "While I began trusting my inner voice early on the job, I only became conscious of an inner knowing after TMI. There is a structure and purpose here and it is

under control. You want to do more good than harm, but you don't worry about being cheated. The good thing about death is that you are not going to die; you know where you are going. These are some of the things I have gotten from my experiences at TMI."

Understanding Transpersonal Experiences

- We operate across a spectrum of consciousness where every level has its work and we each have our purpose. You move to the work of the next level when the questions become nagging.

What is on the Other Side of the Rainbow?

Engagement of Multiple Intelligences

I grew up playing cowboys and Indians with my friends, climbing trees, and exploring the foothills nearby. I was often accused of having an overactive imagination. I had an imaginary friend for 3 years who was a very vivid presence in my life.

- Studied acting in an after school theater program for 6 years. Went to college on a theater scholarship.
- ROTC in high school. Biking, camping, and hiking. Retired military officer with the Marines where he spent two-thirds of his career in the field deployed around the world

Other Personal Development Activities

- Read widely in religion and occult philosophy.

Anticipation of Liminal States

From certainty, to uncertainty, to certainty is what defines me [a reference to a continual loop between polarities]

Relationship with Inner Guidance

- There is a deep peace to me. I don't worry about life being fair. In the great realm of things, it all gets sorted out.

Playfulness Towards Life

- A favorite memory as a child was when my parents would go to Mr. Fan on a regular basis to get "an adjustment." Mr. Fan was a professional wrestler who became a masseuse. He was a huge man, reminded me of a Sumo wrestler. One day he was working with my Dad at our home and after observing my brother for a few minutes, asked my Dad how long my brother had been deaf in his right ear. My Dad had never told him that, but my brother had been born using forceps since my mother had lots of problems in childbirth. The result had been a shifting of the bones behind his right ear that had gone undetected since birth though he could not hear. Mr. Fan asked my Dad, "Would you like me to fix

that for you?" After getting permission from my father, he took my brother's head and hugged it to his chest. He twisted the bones in his skull and his ear popped open. It has been fine ever since. Mr. Fan had special skills, I would suspect.

Sense of "Being Called" To Be Present with Others

- My mantra is pretty simple: take care of yourself, your family, and whoever is in your charge. I am continually listening for the inspiration about what needs to be said.